

Hoosiers Moving Forward →

Indiana Association of Behavioral Consultants Conference Thirteen

November 2 and 3, 2023

Please consider joining us for our first conference since 2019. Our intention is to provide continuing education for all those working with people with disabilities who have behavioral challenges. Professionals in related fields, community partners, parents, and students are all welcome to join us and benefit from the knowledge and expertise that this year's presenters will share.

Indiana Association of Behavioral Consultants (INABC) is the primary trade association in the state of Indiana founded for professionals who provide behavioral supports to people with developmental disabilities. This non-profit association was founded in 2003 to formulate and maintain a unified voice and representation to state and federal agencies.

INABC is an eclectic association and its membership includes professionals with degrees and training from a variety of human services specialties.

The majority of our members have master's or doctoral degrees in psychology, social work, behavior analysis or special education. As in the past, association membership is open to all, regardless of experience, degree, certification or licensure.

INABC exists to serve the interests of its members and behavioral support providers within individuals' homes, communities, schools and treatment centers. Our commitment to both membership and our partners is to build a thriving profession based on best practice, effective standards, and ethical leadership.

If you are not already an INABC member, we look forward to meeting and building a relationship with you. You are welcome to become a member at the time of registration and receive a discounted conference fee.



Reserve Your Room:

Courtyard Muncie at Horizon Convention Center 601 South High Street Muncie, IN 47305 (765) 287-8550

Rooms are available for the nights of November 1 and 2.
Reserve before October 3 and receive a special discounted rate.

phone:

(765) 287-8550 - request the "INABC" room block

online:

Book Your Stay @ INABC

THURSDAY, NOVEMBER 2

8:00 - 8:30 a.m.

Registration and Breakfast for INABC members

8:30 a.m.

IN-ABC Membership Meeting
Welcome from Muncie's Mayor Dan Ridenour,
Committee Reports, Officer Elections,
INABC Awards, IPP Grant Presentations

9:45 a.m.

IN-ABC Annual Professional Liaison Report Kelly Hartman

10:30 a.m.

<u>Break and Sign-In for an Erskine Green (EGTI)</u> <u>Presentation</u>

10:45 a.m.

EGTI Presentation

11:30 a.m. - 12:30 p.m.

Lunch, Election Results, and Ethics Panel Discussion (Working with Guardians, Setting Boundaries, Waiver Participation) - to be directly followed by Registration / Sign-In for the Opening Keynote

12:45 p.m.

Jessica Harlan-York (DDRS), Holly Wimsatt (BDDS), and Heather Dane (BDDS) Opening Keynote: Bureau of Disabilities Services Transition and Transformation

2:45 p.m.

Break and Registration / Sign-In for Closing Keynote

3:00 p.m.

Kelly Hartman, IN-ABC Professional Liaison Closing Keynote: Rights and Restrictions

FRIDAY, NOVEMBER 3

8:30 - 9:15 a.m.

Registration and Breakfast
Welcome from Jennifer McCormick,
Former Indiana Superintendent of Public Instruction

9:15 - 10:45 a.m. (Breakout Session 1)

Ross Robertson, MS, LMHC, CCTP Professional Resilience

Dr. Christi Maldonado, Ed.D and Dr. Laura Barnett, Ed.D. Understanding ACES and Trauma-Informed Practices

10:45 a.m.

Break and Sign-In for Breakout Session 2

11:00 a.m. - 12:30 p.m. (Breakout Session 2)

Natalie Morehouse, MA and Jill Schafhauser, MA

Get Schooled: The Art of Collaborating with Schools
as a Behavior Consultant

<u>Aimee Hammer, PhD and Kim Adkins, MS</u> Traumatic Brain Injury: Overview, Outcomes, and Obstacles

12:30 - 1:30 p.m.

Lunch, including an Ethics Discussion Panel, directly followed by Registration / Sign-In for Breakout Session 3

1:45 - 3:15 p.m. (Breakout Session 3)

Susan Elsworth
FASD in a Nutshell

<u>Casey DePriest, MT-BC</u> Rethinking Nonverbal Autism and Challenging Behaviors - A Paradigm Shift

** Join us at 7:00 p.m. on Thursday evening for an INABC Mixer - a cash bar will be available **

CEU Certificate / Session Attendance forms and onsite session sign-in sheets are intended to confirm your attendance and will be provided at the event.

CEU Availability

Thursday:

EGTI Presentation (1.0)

Lunchtime Ethics Panel Discussion (0.5)

Keynote Addresses (3.5)

Friday:

Breakout Sessions (1.5 each)

Lunchtime Ethics Panel Discussion (0.5)

Category 1 Continuing Education Units (CEUs) are available to INABC through the Health Professions' Bureau for Continuing Education by the Indiana Social Worker, Marriage and Family Therapist, and Mental Health Counselor Board for: LSW, LCSW, and LMHC.

The 2023 INABC Conference agenda offers participants a maximum of 10 CEUs. Please note that all licensed clinicians are individually responsible for

1) judging the relevance of each session to their own individual professional practice and, 2) maintaining their own certificate of attendance.





Erskine Green Training Institute

founded by: The Arc of Indiana Foundation

Erskine Green Training Institute (EGTI), founded by The Arc of Indiana Foundation, is the first of its kind postsecondary vocational training program in the country.

Opened in 2016, EGTI provides training in hospitality, food service, healthcare, and inventory distribution.

Housed within the Courtyard by Marriott in Muncie, Indiana, the program provides a uniquely personalized training experience for each student. During the 10 – 13 week training sessions, students attend class, master key job skills, and gain valuable work experience through an internship.

In addition to hands-on job training, the curriculum addresses critical soft skills like appropriate workplace etiquette, teamwork, taking direction, and effective communication skills.

EGTI's programming is designed for individuals whose academic, social, communication, and adaptive skills are affected due to a disability. Most applicants would have received special education services in the K-12 setting and exited their secondary school with a diploma, GED, or certificate of completion. Students must be 18 years or older at the start of the training session.

Upon completion of the program, students leave with a certificate, resume, practiced interview skills and a list of open positions in the community they are returning to after graduation. More importantly, they leave connected to the EGTI team and other resources, including an alumni group, for ongoing support and information.

EGTI is enjoying tremendous success. Every aspect of the program is designed to promote not only employment skills but also increased self-esteem and confidence. Over 80% of EGTI graduates have secured employment in communities throughout Indiana.

Prospective students and their families are encouraged to visit EGTI by registering for one of the monthly general tours. Individual tours can be scheduled by contacting info@egti.org.



Jessica Harlan-York,
Chief Operating Officer of the
Division of Disability and
Rehabilitative Services



Holly Wimsatt, Director of Bureau of Disabilities Services



Heather Dane,
Director of Home and
Community Based Services,
Bureau of Disabilities Services

Bureau of Disabilities Services Transition and Transformation During this session participants will receive updates on the Bureau's transition and waiver redesign efforts as well the principles that guide them. Speakers will outline Indiana FSSA's plan to enhance long-term services and supports for people who have disabilities, people who are aging, and the families that support them.

Jessica L. Harlan-York has worked for the Division since October, 2016. She began as the Bureau of Quality Improvement Services Director. In this role, she oversaw and implemented the quality assurance and quality improvement procedures in place for home and community-based services and supports. Most recently with the integration BDS and BQIS, Jessica has transitioned to Chief Operating Officer for DDRS. She is focusing attention on key overall DDRS initiatives, including HCBS spend plan efforts, as well as operational needs for the Division. Jessica strives to ensure it is always the goal of any project or initiative that individuals are the primary drivers of their lives and the system as a whole!

Holly Wimsatt began working with individuals with intellectual and developmental disabilities and their families in 1988 after graduating from Indiana University-Bloomington. She started her career working for a provider of residential and day services. It was here that she found her passion to meet people where they are and support them as they create the life

they want to live. Holly later worked in the case management realm supporting people as they navigated various systems, including HCBS services. In 2003, Holly accepted a position in a BDS district office as a Service Coordinator.

She has since worked in a variety of roles within BDS, each one providing her opportunities to learn from some remarkable individuals and their families. Holly is from southern Indiana where she and her husband raised their two sons. She enjoys spending time with family, particularly her two granddaughters.

Heather Dane currently acts as the Chief Program Officer for the Bureau of Disabilities Services. Previous to this role she served as the bureau's Home and Community Based Services Director as well as the Family Engagement Specialist. Heather is a LifeCourse Ambassador and is the state's LifeCourse Facilitator. Through her education, years of professional experience working with families, and most importantly as the parent of two children with multiple disabilities, Heather is able to provide the bureau with a perspective that is unique to families. Heather strives to improve family professional partnerships which enhance access to the complicated systems and services that assist families and individuals in identifying, communicating, and working towards their vision for a good life.



Kelly Hartman, MA

Insights / ViaQuest Community Solutions, Vice President, Outside the Box, Inc., CoFounder & Emeritus Board Member, Professional Liaison at Indiana Association of Behavioral Consultants

Rights and Restrictions

Kelly's 30+ year career started out as a DSP in a group home. Over the course of her early years, she worked in management, as a behavioral consultant and doing development in seven states. Through a series of coincidences, she had the opportunity to learn from some of the most forwardthinking mentors in the field during the first wave of deinstitutionalization in our country. Hartman then founded Insights in 1996 to get back to the point of service delivery and work directly with people for life change, her true passion.

Hartman was the founding
President of INABC in 2001 and
has served the association ever
since. Currently, in the longstanding role as Professional
Liaison, Hartman supports BC's
statewide as a legislative
advocate, a collaborator with all
partner organizations (INARF, The
Arc, SAI, DSPIN) and is our
primary representative to many
state initiatives including the DDRS

Advisory Committee, Partners in Transformation and the 988 Workgroup.

Much of what she has learned has been the result of the BEST teachers...those clients she works with face to face. She feels quite strongly that the best way to support someone is by focusing on their capabilities – not their disabilities. Her clinical areas of expertise include: behavioral assessment, crisis intervention; family systems, co-occurring ID/DD with mental health challenges or complex health issues, culture change, sexuality, and trauma.

She is also the cofounder and a board member at Outside the Box and serves on several advisory boards both locally and national. When not at work, she is passionate about her twin teenaged boys, spending time with family and friends, and philanthropy.



Jennifer McCormick,
Former Indiana Superintendent
of Public Instruction

Jennifer McCormick is a lifelong educator and multi-generational Hoosier from New Castle, Indiana. She has spent decades serving Indiana as a teacher, principal, and most recently, state superintendent of public instruction. While superintendent in rural Indiana, Jennifer fought to protect local control of school districts to ensure parents, teachers and administrators could make the best decisions for their children.

As state superintendent, she was a powerful advocate for teachers and students ensuring they had the resources they needed to succeed while also protecting the taxpayer dollar by demanding transparency and fiscal accountability.



Ross Robertson, MS, LMHC, CCTP

Professional Resilience

Attendees will receive a review of burnout and compassion fatigue, as well as strategies and interventions to combat workplace related symptoms and increase professional resiliency.

Ross is a Licensed Mental Health Counselor and behavior consultant specializing in Cognitive Behavioral Therapy. He has a clinical focus on mood disorders, trauma/PTSD, behavioral management, managing psychosis, teen/adolescent issues, family systems, and relationship issues.

Ross is also a Certified Clinical Trauma Professional (CCTP), and he utilizes EMDR (Eye Movement and Desensitization Reprocessing) in addition to other somatic therapies for trauma and anxiety.

He has been an INABC member for 15 years and is also a member of the team at Insights, ViaQuest Community Solutions.



Christi Maldonado, Ed.D.



Laura Barnett, Ed.D.

Understanding ACES and Trauma-Informed Practices

Participants will learn what adverse childhood experiences (ACEs) are and how they impact on the brain in children and adolescents. This session will explain how ACEs, trauma, and chronic stress may impact the typical development of social-emotional, academic, and behavioral skills. Key takeaways include strategies and practices to employ that will aid in working with others that may be affected by childhood trauma or chronic stress.

Dr. Christi Maldonado is an assistant professor and the assistant graduate coordinator for the MAEd. Educational Leadership program at Austin Peay State

University in Clarksville, TN. She is starting her second year at APSU after serving over twenty years in public education. Dr. Maldonado was a teacher for 6 years and an assistant principal for 15 in Clarksville-Montgomery County Schools. She received her bachelor's and master's degrees from APSU as well as the additional licensure endorsement for her administrator's license. After taking a break from her studies for almost 15 years, she completed her doctorate in Leadership and Professional Studies from Trevecca Nazarene University in Nashville, TN. Her dissertation examined the relationships between socialemotional teaching practices and students' academic and behavioral outcomes. Her research interests center around equity and access for at-risk students, socialemotional learning, traumainformed practices, and educator retention. Dr. Maldonado continues to serve her community and advocate for at-risk students as an educational surrogate for children in foster care with IEP or Section 504 services, a member of the Montgomery County Foster Care Review Board, and a mentor for the tnAchieves program.

Dr. Laura Barnett is an assistant professor and the graduate coordinator for the MAEd.
Educational Leadership program at Austin Peay State University in Clarksville, TN. She previously taught as an adjunct professor before transitioning to full-time 4

years ago. Before that, Dr. Barnett spent 28 years in Clarksville-Montgomery County Schools, 10 as a high school English teacher and 18 as a middle school principal in two different schools. She attended APSU for her bachelor's in English and Business, master's in Curriculum and Instruction, and Education Specialist in Administration and Supervision. She then received her doctorate in Leadership and Professional Practices from Trevecca Nazarene University in Nashville, TN. Her dissertation was on the impact of PBIS on students of low socioeconomic status. She continues to be interested in research around new ways to use public schools as a vehicle to empower students to find their strengths and talents as they become productive adults.

Dr. Barnett had the unique opportunity to partner with New Leaders, a nonprofit organization dedicated to quality principal preparation, to refresh and revise APSU's Educational Leadership. program. She developed a completely online, cutting-edge, job-embedded experience that relies heavily on the practitioner's point of view. She has been instrumental in securing over \$3 million in grants from the TN Department of Education as an initiative of the Aspiring Assistant Principals Network. The AAPN was established to provide pathways for Tennessee educators to become licensed school administrators with master's degrees at no cost to participants.



Natalie Morehouse, MA



Jill Schafhauser, MA

Get Schooled: The Art of
Collaborating with Schools as a
Behavior Consultant

This presentation will lean into the experience of previous public-school teachers and administrator turned behavior consultants.

Assisting individuals and families with navigating supports and services in school can be tricky but extremely helpful. Please bring your questions as this presentation will share significant content around discipline, continuum of services, private service plans and more with plenty of time for questions and interaction.

Natalie Morehouse, is a Behavior Consultant and former teacher that has worked in the field of Disability support for over 7 years. Natalie has a Master's Degree in Special Education and Behavior as well as Bachelor's Degrees in English and Special Education. She has experience in a variety of settings and has worked with individuals as young as 2 and as old as 65. She is very passionate about the

collaboration between schools and families and feels that it is vital for all individuals serving people with disabilities have access to quality information on how to do so.

Jill Schafhauser entered behavior consultation with more than twenty years of experience in public education. She has served students ages 3 to 22 as a teacher, Autism coach, behavior consultant and special education administrator. Jill earned a bachelor's degree in special education from Ball State University and a master's degree in special education from Indiana University. Jill enjoys serving clients and families in homes and the community. She is committed to improving an individual's quality of life while addressing behavioral outcomes. For fun, Jill likes to garden, preserve what she grows, read, enjoy family and friends, and spend time outside.



Susan Elsworth

FASD in a Nutshell

Are traditional behavioral or learning strategies not as effective as you like? Could prenatal alcohol exposure be a factor? FASD in a Nutshell will define Fetal Alcohol Spectrum Disorders (FASD), explore the symptoms and the impact of prenatal alcohol exposure. Participants are encouraged to ask questions throughout the presentation or during a Q&A session at the end.

Susan Elsworth currently serves as the FASD United Network
Director. She has a BA in Business
Management from Anderson
University and an AS in Criminal
Justice and Corrections from Ball
State University. Susan was a
licensed foster parent from
2002-2014 and mentors both
foster and adoptive parents. A
mother of 13 children, she and her
husband Duane adopted nine
foster children: five with FASD,

one with Celiac Disease, and three with Reactive Attachment Disorder (RADS). As a previous Executive Director of New Horizons Maternity Home, she also has experience counseling birth mothers and their families.

Susan is the founder of IN Alliance on Prenatal Substance Exposure. a not-for-profit corporation serving families and individuals with prenatal exposure to substances and alcohol. IN Alliance seeks to provide support and services to individuals and their families, while advocating for positive holistic system change across the lifespan. Susan has served as the Executive Director of IN Alliance and Family Advocacy for Mental Health America of Indiana. She continues to serve on the Family **Empowerment and Youth** Committee for Indiana's Systems of Care, the Indiana Perinatal Quality Improvement Collaborative and Perinatal Substance Use subcommittee, and she chairs the FASD subcommittee for the Commission for Improving the Status of Children. Susan also served as the Indiana Title V Family Delegate from 2013-2016. She was a family fellow with Riley Child Development Center LEND program.

In addition to her state level work Susan has national presence through FASD United, formerly NOFAS. Susan currently serves as the Network Director. Her responsibilities include increasing capacity and effectiveness of the network, training and equipping stakeholders and representing the company interviews and speaking engagements. She served as chair of the executive council, was the first FASD United affiliate coordinator. Susan has also created public service announcements, created and implemented evidence-based trainings, designed social media campaigns, co-lead the effort for the first ever FASD proclamation for the state and received the Founders Award for her contributions to improve systems and service for children with additional needs. She has been a guest on several national podcasts.



Aimee Hammer, PhD



Kim Adkins, MS

Traumatic Brain Injury:
Overview, Outcomes, and
Obstacles

The goal of this presentation is to provide an overview of the outcomes and obstacles associated with traumatic brain injuries (TBIs) as well as general suggestions to consider when working with this population.

By the end of this session, you will have gained insight into the various causes and classifications of TBIs, highlighting the diverse factors that contribute to their occurrence. You will also develop an understanding of the wide-ranging outcomes that individuals with TBIs may experience, encompassing cognitive, emotional, and behavioral domains. Additionally, we aim to equip you with a toolkit of behavioral strategies that can aid in supporting individuals affected by TBIs.

Dr. Aimee Hammer is a pediatric neuropsychologist at Phoenix Children's Health System in Arizona and Assistant Professor at University of Arizona College of Medicine-Phoenix. She earned her Ph.D. in Clinical Child Psych/ology from Kent State University in 2021 and completed her internship in neuropsychology and neurodevelopmental assessment from the University of Alabama at Birmingham and her two-year postdoctoral fellowship in pediatric neuropsychology at Indiana University School of Medicine. She

enjoys working with families of children with complex medical disorders and acquired brain injuries to better understand cognitive (thinking), behavioral, and emotional outcomes and is passionate about connecting children and families to services that promote success.

Kim Adkins, M.Ed., RBC, Director Behavior Supports with OPG. Kim is currently a director at OPG and has been a behavior specialist since joining OPG in 2003. Prior to that, Kim was a special education teacher at a high school for 3 years. Kim earned her B.A.E at Purdue University in 1998 and her M.Ed. at Purdue University in 2000. Kim has worked with a wide variety of people with disabilities including Traumatic Brain Injury over the course of her professional career.

In 2022, she gained personal experience when her teenage son acquired a brain injury after a tragic accident. Kim has focused on improving lives of those with brain injuries, as well as, assisting them to find their independence.



Casey DePriest, MT-BC

Rethinking Nonverbal Autism and Challenging Behaviors - A Paradigm Shift

This presentation will explore evidence-based practice as it pertains to autistic individuals who are unable to rely on speech for communication. Participants will be introduced to recent neuroscience which supports a paradigm shift away from the way we may have previously understood, assessed, and managed common autistic behaviors. This experiential

session will allow participants to sense what it might be like to live with autistic apraxia - a brain and body at war. Join us to hear from non-speaking individuals who are informing a way forward.

Casey is a board-certified neurologic music therapist who has been practicing innovation in her field for over 25 years. As an entrepreneur, she has built and maintained a profitable music therapy private practice since 2002. Since moving toward a neuroscience-informed approach to her work, she has recognized the vast inequalities of education for neurodiverse students with high support needs. She has dedicated her career to the pursuit of improved services and supports for students who experience complex communication and motor challenges, are at risk of trauma, and are underestimated and misunderstood in their educational settings. Casey is the CEO of Integrative Music Therapy, LLC and the Founder and CEO of the recently rebranded Optimal ACCESS (formerly Optimal Rhythms, Inc). She is the Head of School for ACCESS Academy, an innovative private school that unleashes potential in twice-exceptional students and gives them a meaningful path toward a high school diploma and a successful future.

Casey was recognized as an Evansville (IN) Courier & Press Health Care Hero and Optimal Rhythms, Inc. was recognized with a Leadership Everyone Award for Excellence in Education for the development of their innovative school model that effectively pivoted during COVID-19 to design a highly successful virtual learning model. Optimal Rhythms is a VELA Grant recipient and she has also received a Change Maker Award from the American Music Therapy Association.



INABC Conference Thirteen

Early registration will end on October 26, 2023. However, late registrations will be accepted through the date of the conference.

** Online Registration is also available at www.inabc.org **

Complete the below form by printing clearly, then mail the form and payment to the order of INABC, to: Kim Adkins, % Opportunities for Positive Growth, 683 North 36th Street, Lafayette, IN 47905

Name:	
Employer:	
Address:	
Phone:	
E-mail:	
Select your registration rate:	Select events you will be attending:
Early Registration Rate (by Oct. 26, 2023):	IN-ABC Membership Meeting
IN-ABC member (\$200)	Keynote Speakers
Non IN-ABC member (\$250)*	Thursday, November 2 (including lunch)
Late Registration Rate:	,
IN-ABC member (\$250)	Friday, November 3 (including lunch)
Non IN-ABC (\$300)*	Meals are served buffet style. Vegetarian options will be available. Please be aware that other dietary needs are unable to be met at this time.
*Non-members are welcome to become 2024 members and register for the 2023 conference at the member rate. Please check below to indicate that you wish to become a member while also including \$100 for 2024 membership plus the conference registration fee along with this form.	
I wish to become an IN-ABC Member for 2024 and have included payment for both membership and conference.	

^{** &}lt;u>2023 CEU Certificate Protocol</u> ** — To ensure that you receive an accurate accounting of CEU credits, please be certain to; 1) obtain a CEU Certificate of Attendance form during conference registration, 2) physically sign in to each session that you attend, and 3) obtain an official INABC validation stamp before exiting each session.